

## CHEWABLE TABLETS with GINGER

For nausea and gastrointestinal discomfort during pregnancy



### PRODUCT DESCRIPTION

**CHEWABLE TABLETS with GINGER** with a combination of ginger extract and vitamin B6 for avoiding nausea and other gastrointestinal disorders like digestive difficulties, acidity and heartburn, constipation and swelling and stomach-ache during pregnancy. Chewable tablets formulation guarantees an easy administration and a fast absorption of the ingredients.

Gluten free, Lactose free, Vegan. No added sugars.

### INDICATIONS

For nausea and gastrointestinal discomfort during pregnancy.

- Nausea and vomiting during early pregnancy
- Digestive difficulties
- Swelling and constipation
- Acidity and heartburn

### ACTIVE INGREDIENTS

**GINGER extract** [*Zingiber Officinale Rosc. titrated 5% in gingerols*] contributes to the alleviation of nausea by pregnancy. Gingerol shows antagonistic effects on serotonergic and cholinergic receptors. Its therapeutic properties are anti-nausea and antiemetic action, promotion of digestive function and elimination of gases.

**VITAMIN B1 and VITAMIN B2** are water-soluble vitamins of group B as coenzymes participate in several processes involved in the metabolism of carbohydrates, aminoacids and fats by promoting digestive function.

**VITAMIN B6** contributes to the normal functioning of the nervous system and a normal homocysteine metabolism, maintains normal psychological and immune functions as well as normal blood cell formation, reduces of fatigue and tiredness and regulates the hormonal activity. It decreases the reactivity of the vomiting and nausea control centres.

**INULIN** is a fructan, water-soluble polysaccharide. As a prebiotic inhibits gastrointestinal diseases, such as constipation, and promotes the balance of microbial population supporting epithelial barrier function.

### INSTRUCTIONS FOR USE

1-3 chewable tablets per day, when needed.

Orange and tangerine flavour.

### WARNINGS

Food supplement should never be used as a substitute of a varied and balanced diet and a healthy lifestyle. Do not take this product if you are allergic [hypersensitive] to ingredients listed.

### PRODUCT CATEGORY

Food supplement.